INSERM Unit 1073, University of Rouen
Epidemiology and Health Promotion Department, Rouen University Hospital

5th ESSUS Conference
European Symposium on Substance Use and other Health Behaviours in Students
30th June and 1st July 2016

Substance use and health behaviours in university students: translating of evidence based science in public health actions

Program at a glance

School of Medicine of Rouen, France
Rue Stewart - Amphitheater 110 “Velours”
**Thursday 30 June**

8:30-9h00  Registration desk open

9:00-9h15  Conference opening

9h15-10:00  **Plenary session**  
From healthy to pathological behaviours: which determinants?  
P Déchelotte, INSERM 1073, University of Rouen, France  
*Chairman: G Van Hal (Antwerp)*

10:00-11:00  **Session 1: Evidence from alcohol consumption**  
*Chairman: P Déchelotte (Rouen), G Van Hal (Antwerp)*

S1.1 Alcohol consumption among health sciences students: a cross sectional study conducted in the University of Monastir (Tunisia)  
Ben Abdelaziz A, Monastir, Tunisia

S1.2 Health behaviours among healthcare students in France: Health Campus studies (2007 and 2015)  
Tavolacci MP, Rouen, France

S1.3 We found Batman passes out on our doorstep: alcohol narratives amongst UK students  
McAlaney J, Bournemouth, United Kingdom

S1.4 Who does not cut down? Comparing characteristics and drinking motives of university students who drink and drink not in the exam period  
Van Damme J, Gent, Belgium

11:00-11:30:  **Coffee break**

11:30-12:30:  **Session 2: Addressing new risks and new technologies**  
*Chairman: J McAlaney (Bournemouth), J Ladner (Rouen)*

S2.1 Problematic mobile use in Hungarian university students  
Kiss-Toth E, Miskolc, Hungary

S2.2 Problematic use of smartphone and Internet addiction in college students in France  
Tavolacci MP, Rouen, France

S2.3 Internet addiction in university students: cross-border study in Algeria, France and Hungary  
Lukacs A, Miskolc, Hungary

12:30-13:30  **Lunch**

13:30-15:30  **Session 3: Promoting health behaviours: from research to public health interventions**  
*Chairman: C Van der Heijde (Amsterdam), L Kern (Paris)*

S3.1 Adapted physical activity: Prevalence and associated factors among health occupation students in Monastir University (Tunisia)  
Safer M, Monastir, Tunisia

S3.2 Maximum Oxygen Consumption (VO2Max), Health and the Society. A sociological approach starting from the interdisciplinary study “Universanté”.  
Porrovecchio A, Dunkerque, France
S3.3 What is problematic practice of physical exercise? Are all facets of impulsivity associated with it? A cross sectional study of college students in France
Kotbagi G, Paris Nanterre, France

S3.4 Body mass index, eating disorders and sports practice. A sociological comparative perspective among Italian and French students.
Savini V, Chieti-Pescara, Italy

S3.5 Eating disorders: Prevalence and associated factors among health occupation students in Monastir University (Tunisia)
Mouna S, Monastir, Tunisia

S3.6 Health promotion interventions. The case of HIV
Corsi V, Chieti-Pescara, Italy

S3.7 Sexuality and affectivity among Italian university students. A sociological approach.
Di Francesco G, Chieti-Pescara, Italy

15:30-16:00  Coffee break

16:00-17:30  Session 4: Research methods, study monitoring and reporting
Chairman: S Porrovecchio (Dunkerque), MP Tavolacci (Rouen)

S4.1 University student’s motivation to participate in health research
Zhu Soubise A, Rouen, France

S4.2 Health behaviour prospective cohort study: factors associated with engagement and follow up in a population of students from Upper Normandy, France
Cerasuolo D, Rouen, France

S4.3 R U Different? A social norms approach to positive intervention impacting on young people’s tobacco usage
Lovatt G, Manchester, United Kingdom

S4.4 Beyond Substance Use: Applying the Social Norms Approach to Change Dietary Behaviour in High Schools and Promote Cancer Screening Intentions in Young Adults
Dempsey R, Stoke-On-Trent, United Kingdom

18:15  Social evening
Historic city tour with a guide - Organ concert - Conference Diner
Friday 1 July

8:30-9:15  **Plenary session**
Addiction and new risk behaviours in university students: clinical approaches
_A Baguet, Rouen University, France_
Chairman: _G Van Hal (Antwerp)_

9:15-10:30  **Session 5: New issues for tobacco, cannabis and e-cigarette**
Chairman: _S A Luckas (Dunkerque), A Baguet (Rouen)_

S5.1 Smoking behaviour: Prevalence and associated factors among health occupation students in the University of Monastir (Tunisia)
_Zemni I, Monastir, Tunisia_

S5.2 Cigarette addiction and e-cigarette use among students in Italy. A sociological study.
_Savini V, Chieti-Pescara, Italy_

S5.3 Patterns of electronic cigarette use in current and ever users among college students in France: a cross sectional-study
_Ladner J, Rouen, France_

S5.4 Problematic cannabis use in Antwerp university students
_Van Hal G, Antwerp, Belgium_

10:30-11:00  _Coffee break_

11:00-12:20  **Session 6: Mental distress and burn-out**
Chairman: _L Romo (Paris), I Brumboiu (Cluj-Napoca)_

S6.1 Burn out in university students: time now for implementing new public health approaches
_Mihailescu S, Rouen, France_

S6.2 Protocol regarding students’ suicide. Identification, help provision and aftercare in a Dutch educational setting
_Vonk P, Amsterdam, the Netherlands_

S6.3 Pathological stress: Prevalence and associated factors among health occupation students in the University of Monastir (Tunisia)
_Zemni I, Monastir, Tunisia_

S6.4 Mental health problems among Dutch university students
_A qualitative study into the hampering and facilitating factors to seek professional help_
_Van der Heijde CM, Amsterdam, the Netherlands_

S6.5 Detection of health problems and study delay among Dutch university students by ability to relax and substance (ab)use
_Van der Heijde CM, Amsterdam, the Netherlands_

12:20-13:30  **Session 7: Academic curriculum, behavioural issues and health comportments**
Chairman: _G Di Francesco (Chieti), J Ladner (Rouen)_

S7.1: How students from Cluj University of Medicine and Pharmacy use neuro-enhancement agents in their undergraduate life
_Brumboiu I, Cluj-Napoca, Romania_

S7.2: Wellbeing and addictive behaviors of students in higher education. A new perspective on why students delay or quit
_Dopmeier J, Zwolle, the Netherlands_
S7.3: The misuse of prescription stimulants as cognitive enhancers among Flemish university and college students: a qualitative multi-stakeholder study of general practitioners (as prescribers/providers), pharmacists (as suppliers) and students (as buyers/sellers).
De Bruyn S, Antwerp, Belgium

13:30 Conference closing - French wellbeing: “apero”

Steering Committee
P Déchelotte, J Ladner, S Martins, MP Tavolacci, INSERM 1073-IRIB, Rouen University Hospital, France
G Van Hal: University of Antwerp, Belgium

http://www.essus.org/
http://www.univ-rouen.fr/
http://medecine-pharmacie.univ-rouen.fr/
http://irib.univ-rouen.fr/
http://medecine-pharmacie.univ-rouen.fr/structures-de-recherche-275073.kjsp
http://www3.chu-rouen.fr/internet

School of Medicine of Rouen, France
Rue Stewart - Amphitheater 110 “Velours”